

# TRICIA ROGERS MS, BSN, RN

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## Professional Summary

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- Registered Nurse (RN), Educator, Consultant, Mentor, Change Agent, Leader
- 26 years of nursing experience in a variety of healthcare settings.
- Faculty member
- Attributes: energetic, self-motivated, passionate, attentive to detail, creative, compassionate, committed to high standards, accountable, customer-service oriented, life-long learner

## Education and Training

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### University of Maryland, 2013

Baltimore, MD, USA

Master of Science (MS, summa cum laude), Health Services, Leadership, and Management

### University of Alabama, 1994

Tuscaloosa, Alabama, USA

Bachelor of Science, Nursing (BSN)

## Additional Courses Taken

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- NUR 515, Foundations for Online Teaching Certification Course, April 2020-present, University of Kentucky (UK) College of Nursing (CON)
  - Graduate certification course, 3 credit hours
- NURS 792, *Health Services, Leadership, and Management, Practicum in Teaching in Nursing and Health Professions*: 120 hours at The University of Maryland with Anne Naunton, Professional Development Coordinator in the Department of Clinical Practice and Professional Development, Fall 2012
  - Graduate course, 3 credit hours
- NURS 695, *Health Services, Leadership and Management, Practicum in Executive Practice*: 120 hours at Johns Hopkins with Dr. Deborah Dang, Director of Nursing Practice, Education, and Research, Spring 2010
  - Graduate course; 3 credit hours

## Professional Experience

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### Instructor/Part-Time Faculty

University of Kentucky, College of Nursing, Lexington, Kentucky

August 2019-Present

NUR 203, *Physical Assessment Across the Lifespan*, coordinate and teach lecture and lab for 1<sup>st</sup> semester sophomores

- Teach weekly 1-hour lecture
- Facilitate and teach clinical lab, four 4-hour lab sessions per week

- Support and mentor students using a variety of strategies and resources
- Mentor Nurse Educator Interns (skills lab interns), Doctor of Nursing Practice (DNP) and Doctor of Philosophy (PhD) Teaching Assistants, and new course faculty members
- Assess student progress on attainment of student learning outcomes
- Integrate inter-rater reliability to ensure consistency of instructor critique and evaluation of student assignments
- Evaluate student mastery and competence of nursing assessment skills
- Use innovative strategies to foster student mindfulness and stress reduction during each lab
- Implement a variety of teaching modalities to augment various student preferred learning styles
- Transition and translate teaching platforms from face-to-face to online forums during Covid19 pandemic

### **Skills Lab Instructor/Part-Time Faculty**

**University of Kentucky, College of Nursing, Lexington, Kentucky**

August 2015-May 2019

NUR 201, *Assessment and Health Promotion Across the Lifespan*, nursing skills lab instructor for 1<sup>st</sup> semester sophomores

- Impart knowledge, skills, and professional behaviors to BSN students as they acquire a foundation of knowledge for vital signs, therapeutic communications, and physical assessment.
- Role model professionalism through communication, accountability, consistency of rigorous expectations
- Evaluate student mastery and competence of designated skill sets
- Support and mentor students using a variety of strategies and resources throughout their first semester in the UK CON
- Utilize a variety of teaching styles to accommodate diverse student learning preferences
- Collaborate with lab faculty to optimize achievement of student learning outcomes

### **Education Specialist**

**Sinai Hospital, Baltimore, Maryland**

October 1999-March 2015

- Precept graduate Master of Science in Nursing (MSN) students during Education Capstone Course
- Manage unit-based competencies for ~150 clinical staff on annual basis
- Represent organization as member of and presenter for Central Maryland Medical/Surgical Consortium, Baltimore, MD
- Function as Nurse Planner for Sinai Hospital, an approved provider of contact hours, through the Maryland Nurses Association
- Incorporate adult learning theory to assess, plan, implement, evaluate and revise educational programs (policy and practice changes, equipment conversions, disease processes, regulatory issues, technology, critical thinking)
- Update educational content based upon evidence-based data, regulations, and policy changes
- Provide educational support, guidance, and resourcing for both new and seasoned staff members to enhance patient outcomes and quality of care
- Assess, design, and evaluate individual growth and development plans for clinical staff in collaboration with unit leadership
- Mentor novice educators with the Education Resource Center

- Serve as consultant to Acute Care and Rehabilitation leaders and staff regarding orientation and best practices in education
- Co-chair specialty-based education committees, facilitating the professional development of the staff co-chair and other committee members
- Teach cardiopulmonary resuscitation (CPR) and basic life support (BLS) to house-wide staff
- Provide instruction and support during unit-based, service line, organizational, and corporate project endeavors including the Preceptor Workshop, Epidural Workshop, Port-a-cath Access and De-access workshop, Clinical Orientation for incoming RN's, Patient Care Technician Training for incoming Certified Nursing Assistants (CNAs)
- Create and coordinate the *Prevention and Management of Patient Aggression Workshop* for Lifebridge Health (LBH): Sinai Hospital, Northwest Hospital, and Jewish Convalescent Center, 2014-2015
- Serve as certified instructor for *Nonviolent Crisis Intervention for the Crisis Prevention Institute (CPI)*
- Advise Clinical Practice Committee on relevant policy and procedure review
- Initiate and coordinate Rehabilitation Unit Orientation Day and Orthopedic/Trauma Unit Orientation Days
- Create house-wide Computer Based Training module and learning evaluation for a component of The Joint Commission safety goals

#### *Accomplishments*

- Created an evidence-based course for the Prevention and Management of Patient Aggression for Continuing Education Credits, 2014
- Initiated Wound of the Week (Picture sent house-wide to facilitate staff identification of pressure ulcer staging and treatment), 2010
- Journal Club lecture presentations:
  - Sliding Away from PowerPoint, 2012
  - Fixing Health Care from the Inside Today, 2009
- Co-created and presented 3-part documentation lecture series, 2009
- Co-created Rehabilitation Unit Orientation Day 2 for Comprehensive Inpatient Rehabilitation and Neurologic Rehabilitation/Traumatic Brain Injury Units, 2009
- Initiated departmental recycling program, 2009
- Co-presented Clinical Practice Lecture Series "Code Blue" for Continuing Education Credits: 2007, 2008
- Presented Clinical Practice Lecture Series, "To Restrain or Not to Restrain: The Before, The After, and The Why?" for Continuing Education Credits, 2006

#### **Team Leader**

#### **Independent Dialysis Foundation, Baltimore, Maryland**

1998-1999

- Provide direct patient care for complex hemodialysis patients with end-stage renal disease
- Coordinate outpatient care for 24-36 patients receiving three treatments per week
- Function as a charge nurse in a high volume, high risk environment

## **Nurse Educator**

### **Maryland General Health Care Centers, Baltimore, Maryland**

1997 to 1998

- Orient and train new Medical Assistants
- Develop and conduct innovative health screenings and educational programs (Hypertension, Diabetes, Cholesterol, and Wellness) for local colleges
- Set up influenza clinics and administer vaccinations to local businesses
- Participate in Laboratory Quality Assurance and Performance Improvement initiatives

## **Staff Nurse**

### **Baptist Memorial Hospital East, Memphis, Tennessee**

1994 to 1997

- Provide and coordinate direct nursing care for patients admitted with orthopedic and neurological diagnoses
- Function as a charge nurse
- Serve as a clinical preceptor for nursing students and new registered nurses (RNs)

## **Awards**

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- iCare Nomination (Peer to Peer Nomination), Sinai Hospital, Baltimore, MD, 2013, 2014
- Star Nomination for Exemplary Professional Contributions, Sinai Hospital, Baltimore, MD, 2006, 2007, 2008, 2011, 2012
- Health Points Award for Outstanding Service, Sinai Hospital, Baltimore, MD, 2007
- Friends of Nursing Baptist Memorial Hospital (Nomination for Excellence in Nursing), Memphis, TN, 1997

## **License and Certifications**

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- Registered Nurse, licensed 1994-present
- American Heart Association (AHA), Healthcare Provider, cardio-pulmonary resuscitation certification (CPR), 1992-2000, 2015-present
- Certified Instructor for Non-violent Crisis Intervention through the Crisis Prevention Institute, 2007-2015
- CPR Instructor for Basic Life Support (BLS) through the AHA, 2000-2015

## **Professional Organizations**

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- American Nurses Association, member, May 2019-present
  - Kentucky Nurses Association, member, May 2019-present
- Sigma Theta Tau International Honor Society for Nursing
  - University of Kentucky, Delta Psi Chapter, member, 2020-present
  - University of Maryland, Pi Chapter, member, 2012-2015

Revised, May 2020